



# DISPATCH



MARCH 2013

Douglas County HCE Superior, WI 54880

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*Mission Statement for Wisconsin Association for Home and Community Education*  
**HCE offers opportunities for:**

- *Learning in a social setting,*
- *Sharing what we learn, and*
- *Caring to make a difference in our homes, communities, and the world.*



### DISPATCH ASSEMBLY

Dispatch assembly for the **April 2012** issue will be **South Range Hilltoppers**  
 Contact the UW-Extension Office at 715-395-1363 before **March 20th**, to arrange the date and time for assembly.

**Contact:**  
 Cheryl Shockley at  
 the UW-Extension Office at  
 715-395-1363 or  
 cheryl.shockley@ces.uwex.edu

### DISPATCH ARTICLES DUE DATE!!

Dispatch articles are due the **15th of the month**. When emailing your articles, please send them as an attachment.

Please mail or email them to:

Cheryl Shockley,  
 UW-Extension  
 1313 Belknap St., Room 107,  
 Superior, WI 54880  
 715-395-1363 or  
 cheryl.shockley@ces.uwex.edu

Edited by,  
 Cheryl Shockley-Program Assistant

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### **Memo from the President:**

It seemed a bit different that we did not hold a Board Meeting in February, part of the 2013 reduced meeting schedule. However, this does not mean Douglas County HCE is vacationing. Members and Clubs are busy with club meetings, planning upcoming activities, events, and doing all the behind the scenes work for HCE.

Please keep your calendar booklets and Dispatches handy and refer to them for dates and times of scheduled meetings and events. On the Move and In the Groove begins March 1<sup>st</sup>. The HCE exercise program information and record sheet were in the February Dispatch. Let's all "move and groove" for our own well-being and health.

March 7<sup>th</sup> is the Craft Sale Meeting followed by the Board Meeting. Please send representatives from each club to the Craft Sale planning meeting as we have important decisions to make regarding our only fund raiser of the year.

The annual Quilt-a-thon in March is a great day of fun, conversation, and creating quilts which we donate to organizations in our area. Last year we made over 100 quilts. Let's try to meet or beat that number! April brings us to a Board meeting and Craft Day. I always enjoy craft day. To me it is a great time to relax, meet and greet each other and make a new craft.

Our county Cultural Arts display and contest is held at Craft Day.

We are creating, learning, educating all while having a good time. See you at the meetings and events.

Linda Williams, DCHCE President



**NORTHWEST DISTRICT HCE SPRING MEETING  
 WAHCE 2013 THEME "STARTING A NEW CHAPTER IN HCE"  
 ALL NORTHWEST DISTRICT HCE MEMBERS ARE INVITED TO ATTEND**

**DATE:** Thursday, April 25, 2013

**LOCATION:** Pilgrim Lutheran Church  
 507 North Wisconsin Avenue  
 Frederic, WI 54837

Traveling north on Hwy 35, drive thru Frederic, will see water tower on hill. Pilgrim Lutheran on left of tower. Can park in lot back of church or park in front. We will meet in lower level dining room. Entering Frederic from north, church is right of tower at top of hill.

Jeanette Rantala and her husband, HCE member from Douglas County, traveled to Nicaragua in February on a Learning Center Trek sponsored by Wisconsin/Nicaragua Partners of the Americas, Inc. Jeanette taught knitting to about 75 students. She will share her experiences with a Power Point Presentation.

**MEETING SCHEDULE**

- 9:00 am Registration, coffee and refreshments
- 9:30 am Opening General Business Meeting  
 Reports: District Committee Chairs, County Presidents
- 11:30 am Presentation by Jeanette Rantala
- 12:00 pm Lunch served by Pilgrim Lutheran Church Ladies
- 12:45 pm Update news for 2014 WAHCE State Conference, Discuss  
 County assignments, etc.
- 2:30 p.m. Close Meeting



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**REGISTRATION:** Please send this registration form and check for \$10.00 by  
**April 12, 2013 to:** Kate Kellerman, Polk County HCE Treasurer  
 245 South Lake Street  
 Luck, WI 54853 Telephone 715-475-2644

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

Number years membership \_\_\_\_\_ County \_\_\_\_\_

Officer or Committee Chair position \_\_\_\_\_

“Never underestimate the power of volunteers.  
Noah's Ark was built by volunteers. The Titanic was built by professionals.”

Author Unknown

### **Heart of the Farm – How To Manage Risk on our Family Farm**

Women operators make up a large percentage of our farmers in Douglas County. On February 21<sup>st</sup>, a Heart of the Farm Conference was held in Solon Springs to gather these women to look at their specific roles in managing risk for their operations. This is not just about financial risk, but safety, farm succession, and appropriate record keeping.

Joy Kirkpatrick, UW-Center for Dairy Profitability Specialist led the participants through a thought provoking discussion about farm transfer. “This topic is not just for the operator who is considering retirement or changing careers, but just as important for the young farmer who is looking to become part of the operation,” explained Kirkpatrick. “So often, we do not share with our partners, family, or even ourselves what we picture life after the farm.”

Farmers are encouraged to ask themselves and their partners these 8 questions:

- 1) What do we desire to happen to our business?
- 2) Is there a “future” for the business?
- 3) How do we develop the next generation of managers?
- 4) How can each generation communicate their needs, desires, aspirations?
- 5) Are plans being made for retirement?
- 6) What are our plans for the unexpected?
- 7) How can I treat my heirs fairly?
- 8) What is the best way to transfer my farm and personal assets?

Though these are questions all small family owned businesses should ask, the farm family may have specific structures and values that will make this discussion even more complex. A family meeting may be the ticket for some families. Individual reflection and sharing in a letter may work for others. The participants were encouraged to consider and share their methods for farm record keeping. Otto Wiegand, Agriculture Agent, Burnett, Sawyer, Washburn Counties, offered several packages to manage record systems on the farm. “Without knowing what you spend on your operation in relation to what you make, you are flirting with a mess at the best.” Wiegand offered tips on what to keep at a minimum along with how to organize such records. Hint: the shoe box method is not recommended. Jane Anklam, Agriculture Educator, Douglas County, offered a presentation on the bottom line for farm safety. “The incidence of accidents on the farm varies by age group,” Anklam described. “When we are very young, we do not know better. When we are adolescents, we are programmed to be risk takers. When we are older, we think we can handle it just fine....we always have before.” The rule is to:

- 1) Eliminate the hazard (fix that step, gate, clutch...).
- 2) Use safe guarding technology (are there adequate hoods on all the PTO's?).
- 3) Warning signs posted (but remember they cannot stop distracted behavior).
- 4) Train and instruct farm workers BEFORE you give them the task or job.
- 5) Use appropriate and well-fitting protective equipment. A little person using big person's equipment does not count.

Of great value was the women farmer panel. Sharing ideas, questions, challenges can keep us from inventing the wheel and help us stay sustainable. Next year? If interested, contact Jane Anklam.

Submitted by, Jane Anklam-Agriculture/Horticulture Educator for Douglas County UW-EX



## Suomi is Finnish for Finland, the country of study for 2013-2014.

The history of the name Finland came from three rune stones, two of which were found in the Swedish province of Uppland and have *finlonti* inscribed on it and the third stone was found in Gotland, in the Baltic Sea which had the inscription of *finlandi* on it. The stones date back to the 13<sup>th</sup> century.

Finland was first settled in 8500 B.C during the Stone Age as the ice sheet of the last ice age receded and the early settlers were hunter-gathers. During the 12<sup>th</sup> to 19<sup>th</sup> century Finland was a province and then a grand duchy under Sweden control, meaning it was a territory whose head of state is a monarch, either grand duke or grand duchess. In 1809 control of Finland went to Russia until Finland won complete independence in December of 1917. During World War II, Finland fought off the Soviet Union to defend its freedom but did lose some territory in the process.

Finland is the 8<sup>th</sup> largest country in Europe and is bordered by Norway, Sweden and Russia. The population is approximately 5.4 million, according to cia.gov. Finland surface area is 338,430 square kilometers which is slightly smaller than Montana. Some other statistics about Finland are 90% speak Finnish, 5% Swedish and 1% Russian. Lutherans consist of 4.1 million or 76.4% of residents at the end of 2012 according to wikipedia.org and the Evangelical Lutheran Church of Finland is one of the largest Lutheran churches in the world. Life expectancy is 82 years for women and 75 years for men. Taxation funds 76% of healthcare and 18.9% of healthcare is funded by households.

The government is a Parliamentary Republic which means a republic which operates under a parliamentary system of government where the executive branch (the government) derives its authority from and is accountable to the legislature (the parliament) and the Prime Minister is the country's most powerful politician.

The Constitution of Finland defines the political system and citizens can run and vote in parliamentary, municipal and presidential elections. Finland is also a welfare state meaning it is a concept of government where the state plays a key role in the protection and promotion of the economic and social well-being of its citizens.

The coastline of Finland, some 2,760 miles (4,600 km) in length, is extremely indented and dotted with thousands of islands. Nearly two-thirds of Finland is blanketed by thick woodlands, making it the most densely forested country in Europe. The landscape of ubiquitous forest and water has been a primary source of inspiration for Finnish arts and letters.

Finland is heavily forested and contains some 56,000 lakes, numerous rivers, and extensive areas of marshland; Finland's underlying structure is a huge worn-down shield composed of ancient rock, mainly granite, dating from Precambrian time (from about 4 billion to 540 million years ago). The land is low-lying in the southern part of the country and higher in the center and the northeast, while the few mountainous regions are in the extreme northwest, adjacent to Finland's borders with Sweden and Norway. In this area there are several high peaks, including Mount Haltia, which, at 4,357 feet (1,328 meters), is Finland's highest mountain.

One of the first Modernist poets, Edith Södergran, expressed her relationship to the Finnish environment this way in "*Homecoming*":

*"The tree of my youth stands rejoicing around me: O human!  
And the grass bids me welcome from foreign lands.  
My head I recline in the grass: now finally home.  
Now I turn my back on everything that lies behind me:  
My only companions will be the forest and the shore and the lake."*



Submitted by Christa Williams-Clements

References used were cia.gov; Wikipedia.org; visitfinland.com and encyclopedia Britannica

**FROM THE DESK OF THE TREASURER—Sue Hendrickson**

Annual report has been finished. Audit Committee will meet to go over books before March Board Meeting. Thanks for awarding me a short-term scholarship. I will be taking an online EXCEL course; searching for a good way to generate treasurer's reports.

Thanks for those who donated yarn and knitting needles for our Learning Centers in Nicaragua. Jeanette Rantala was very pleased with the five big bags of yarn and over 50 pairs of needles! "Everyone will get knitting needles to take home," Jeanette said, smiling. "I had hoped just to have enough for each learner to use in the six classes I will be teaching!" Jeanette and husband Don will be accompanying Minerva Johnson on this wonderful service trip.

**REMEMBER QUILTATHON MARCH 14!** (See poster in this issue of the Dispatch.) To help the cause: Come, bring a friend and post the poster at a busy site in your community! THANKS!

PS: Mentioned to Jeanette Rantala that cloth tote bags might be nice for Nicaraguan learners to carry their yarn and needles in. Just got this note from her:

*Hi Sue,*

*I just had to let you know that your spark of 'bags' idea flourished!! After being at the UWEX office we stopped at WITC and they had an abundant supply of cloth-like bags. They were willing to donate 100 to the Nicaragua project so now we will have needles and yarn and bags for about 100 people. Additional contributions will be brought to Stevens Point this Spring/Summer.*

**Calling all Crafty People**

Craft Day is scheduled for Saturday, April 13 at Peace Lutheran Church in Poplar. The Town and Country HCE group has been working hard to line up great workshops for you!

Registration will be in the next issue of the *Dispatch*, so keep your eyes open for it. Classes that have been confirmed are: Necktie bracelet, T-shirt scarf, Tatting, Haiku poetry, Bejeweled Brooch, garden treats, and several other items in the wings.

We are also looking at having a jewelry silent auction, as we did a few years back. So, if you want to clean out your jewelry box of items that no longer coordinate with your favorite outfits, think of donating them to the silent auction.

Morning refreshments and lunch are included in your registration.

Submitted by, Joyce Cook, Betty Wood and Donna Bergsten  
Craft Day Co-Chairs

**LOOKING FOR MEMBERS OF 25 AND 50 YEARS:**

We are seeking Douglas County HCE members who have been continuous members for 25 years and 50 years. Please submit names to either Sue Hendrickson or Linda Williams. Later this year we will present those members with certificates. Thank you.

**NEED A PROGRAM IDEA FOR YOUR CLUB?**

We have a collection of program materials and hand-outs from District, State and County programming which may be of interest for use at club meetings. Titles will be published in future Dispatches.

Submitted by, Linda Williams, President

**Barn Quilts and Hidden History Murals Tour**

HCE clubs and members are invited to Marquette County to see the Barn Quilts and Hidden History Murals (BQHMM) by using a self-guided tour. It's always fun to travel a little, enjoy the scenery, talk together, and just enjoy the life!

One 2.5 hour tour of western Marquette County is available now and more tours will be added later in 2013. You can make your tour a little more interesting by stopping for lunch or shopping along the way. Places to stop are noted on the self-guided tour. Visit [www.barnquiltsandmurals.com](http://www.barnquiltsandmurals.com) and click on "Self-guided Tours" for the printable self-guided tour. If you want more help with local details, contact Barb Krebs at (608) 225-7643 in Endeavor, or Minette Lawrence at (608) 516-3975 in Westfield. Happy Spring!

Submitted by Sue Allen, Family Living Educator, Marquette County

March						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

March 7	12:30	Craft Sale meeting	Library
	1:30	Board Meeting	Library
March 14	10:-4:00	“Quiltathon”	Mariner Mall
March 29		<b>Courthouse Closed</b>	
		South Range Hilltoppers: Fold Dispatch last week of March	
April 4	12:30 p.m.	Program Planning Meeting Ext. Office	
	1:30 p.m.	Board Meeting Ext. Office	
April 13	9:30 a.m.	Craft Day	Peace Lutheran Church
April 25	9:30 a.m.	Northwest District Spring Meeting Polk County Information to follow	
		Town and Country: Fold Dispatch last week of April	

We're on the web!

Be sure to visit the Douglas County Family Living website at: <http://douglas.uwex.edu/flp/> and click on Douglas County Home and Community Education (HCE), then click on the Dispatch Newsletter link. Home and Community Education (HCE), then click on the Dispatch Newsletter link.

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