

# *Douglas County Youth Guide*



*2007-2008*



# TABLE OF CONTENTS

Emergency & Hotline Phone Numbers . . . . . 1



Douglas County Youth Organizations & Programs . . . . . 2



Douglas County Schools . . . . . 9



Your Legislators . . . . . 10



Health Websites . . . . . 12



Resource Referral . . . . . 14



## **Welcome to the Douglas County Youth Guide!**

This guide is intended to provide information and resources to all youth in Douglas County. We hope you will find it useful. UW-Extension has provided contact information, websites, and telephone numbers but does not endorse or support any particular organization or website. Contact information is subject to frequent change, and we regret if you have trouble connecting to someone.

Since UW-Extension Cooperative Extension does not control links to external web sites or other resources, we do not guarantee availability. UW-Extension Cooperative Extension is not responsible or liable for any content, advertising, products, or other materials from external sites or resources. In addition, UW-Extension Cooperative Extension is not responsible or liable, directly or indirectly, for any damage or loss caused by any external site or resource.

Youth Guide 2007-2008

## **EMERGENCY & HOTLINE PHONE NUMBERS**

### **LOCAL**

Emergencies Only	911
Douglas County Sheriff (non-emergency)	(715) 395-1371
Superior Fire Dept. (non-emergency)	(715) 394-0227
Superior Police Dept. (non-emergency)	(715) 395-7234
Lake Nebagamon Fire Dept. (non-emergency)	(715) 374-2559
Lake Nebagamon Police Dept. (non-emergency)	(715) 374-3366
Project Reach-Out	(800) 777-7844 (715) 394-9177

### **NATIONAL**

AIDS Hotline	(800) 342-2437
Alcohol/Drug Abuse	(800) ALCOHOL
American Cancer Association	(800) 227-2345
Ask-A-Nurse	(800) 362-9900
National Center for Missing and Exploited Children	(800) 843-5678
National STD Hotline	(800) 227-8922
Poison Center	(800) 222-1222
Pregnancy Counseling	(800) 362-8028
Runaway Switchboard	(800) 621-4000
Youth Crisis	(800) 621-4000
Wisconsin Arson Hotline	(800) 362-3005

## **DOUGLAS COUNTY YOUTH ORGANIZATIONS & PROGRAMS**

### **Center Against Sexual & Domestic Abuse (CASDA)**

Children's Program: provides advocacy and support to child abuse victims and witnesses of domestic violence. For ages 2-18 years.

Address: 2231 Catlin Avenue, Superior  
Telephone: (715) 392-3136  
Website: [www.casda.org](http://www.casda.org)

### **Douglas County 4-H**

4-H Community Clubs and Afterschool Programs give young people ages 5-18 opportunities to learn new skills, gain self-confidence, and contribute to their communities.

Address: Courthouse, 1313 Belknap Street, Room 107, Superior  
Telephone: (715) 395-1363  
Website: <http://douglas.uwex.edu/4h/>

### **Douglas County Birth to 3 Program**

Family centered early intervention process that is committed to the development of children under the age of three providing an integrated approach for children who need therapy and other support services related to developmental delays. We work with families and children in their natural environment. Evaluation and ongoing services are provided to support the outcomes as determined by the family while working with Birth to 3.

Address: 1316 N. 14th Street #324, Superior  
Telephone: (715) 395-1304  
Website: [www.douglascountywi.org](http://www.douglascountywi.org)

### **Douglas County DHHS, Public Health Unit**

Promotes and protects health for all ages. Programs include prenatal/new baby care, growth and development screenings, smoke cessation initiatives and general health education.

Address: 1316 N. 14th Street, Superior  
Telephone: (715) 395-1304  
Website: [www.douglascountywi.org](http://www.douglascountywi.org)

### **Douglas County DHHS, Youth & Family Services Unit**

Support children & families identifying, preventing, and resolving conditions which may contribute toward delinquency, child maltreatment, truancy and uncontrollable behaviors.

Address: 1316 N. 14th Street, Suite 400, Superior  
Telephone: (715) 395-1304  
Website: [www.douglascountywi.org](http://www.douglascountywi.org)

**Douglas County Sheriff Department**

Our deputies teach D.A.R.E. to 5th graders throughout the county. We also conduct seatbelt and child restraint checks at various times throughout the year.

Address: 1316 N. 14th Street, Suite 100, Superior  
Telephone: (715) 395-1371  
Website: [www.dcsheriff.org](http://www.dcsheriff.org)

**Family Forum, Inc.**

Provides the Head Start Program in Northwest Wisconsin. Head Start is an education program for low income families with children ages prenatal to five. Services include preschool (ages 3-5) and home visitation and socialization opportunities for children 0-3 years.

Address: 2231 Catlin Avenue, Superior  
Telephone: (715) 392-9896  
Website: [www.familyforum.org](http://www.familyforum.org)

**Family Forum, Inc. - Head Start**

Provides comprehensive educational programs and services to children and their families. Quality center-based and home-based programs for prenatal to 5 years old.

Address: 2231 Catlin Ave., Superior  
Telephone: (715) 392-9896  
Website: [www.familyforum.org](http://www.familyforum.org)

**Health Care Clinic**

Family planning service: gynecologic exams, contraceptive services, STD testing/treatment, pregnancy testing.

Address: 2231 Catlin Avenue, Superior  
Telephone: (715) 394-4117

**HRC Brighter Futures Initiative Early Intervention & Prevention Program**

Serves 3rd - 5th grade students and their families in building family, community, and academic/social skills.

Address: 39 N. 25th Street E., Superior  
Telephone: (715) 392-8216  
Website: [www.hdchrc.org](http://www.hdchrc.org)

**HRC Mental Health Center**

Provides mental health and chemical dependency treatment for youth and adults of all ages. Also Runaway Program: Project Reach-out.

Address: 39 N. 25th Street E., Superior  
Telephone: (715) 392-8216  
Website: [www.hdchrc.org](http://www.hdchrc.org)

**J.W. Beecroft Books & Coffee**

Promotes youth literacy through storytimes, author hosted discussions and booksignings, summer reading programs and book character events. Staff may be available for community outreach programs.

Address: 3631 Tower Avenue, Superior  
Telephone: (715) 394-2665  
Website: [www.jwbeecroft.com](http://www.jwbeecroft.com)

**Lake Superior Life Care Center**

Pregnancy testing, referrals, counseling, support services, and medical services. All of the above services are free with no income guidelines.

Address: 2231 Catlin Avenue, Room #301, Superior  
Telephone: (715) 394-4102

**LSS/Together For Youth**

A social and support group for gay, lesbian, bi and transgender teenagers, providing supportive community, access to information and services, and educational workshops in schools and agencies.

Address: 219 - 6th Avenue E., Duluth, MN  
Telephone: (218) 722-5053  
Website: [www.togetherforyouth.org](http://www.togetherforyouth.org)

**Mont du Lac Snow Sports**

For skiing, snowboarding, and snowmobiling. Youth, community, church, and family groups are discounted. Ski school and Alpine Club offer lessons and a race program for area youth.

Address: 3125 Mont du Lac Drive, Superior  
Telephone: (218) 626-3797  
Website: [www.skimontdulac.com](http://www.skimontdulac.com)

**North Country R.I.D.E.**

Therapeutic horseback riding for people with special needs and at-risk youth.

Address: PO Box 312, 180 Hatinen Road, Esko, MN  
Telephone: (218) 879-7608  
Website: [www.ncride.com](http://www.ncride.com)

**Northern Lights Family Resource Center**

Offers Douglas County families the education and support to build and maintain healthy families. The Center offers play groups, parenting classes, special events, toy and book lending, and more.

Address: 1201 N. 28th Street, Superior  
Telephone: (715) 395-5657

**Northland Youth Music Program (N.Y.M.P.)**

Provides students participating in a school band, choir, or orchestra program (unless in alternative schooling) high quality extracurricular music opportunities without regard to their ability to pay tuition. No local student is left out of our program because of inability to pay tuition. The N.Y.M.P. offers four one week programs, including two weeks of choir, concert band, and jazz band.

Address: 9670 E. Elm Rd, Poplar  
Telephone: (715) 364-2234  
Website: www.nymp.net

**Northwest Wisconsin Community Service Agency WIC Program**

The Women, Infants and Children Program (WIC) provides food and nutrition information to eligible pregnant, postpartum, and breastfeeding women, infants, and children under five years of age.

Address: 2231 Catlin Avenue, Superior  
Telephone: (715) 394-2750  
Email: docowic@superior-nfp.org

**NWP Brighter Futures**

Early intervention and prevention program serving Douglas County youth in 3rd and 5th grades and their families. We provide skill building opportunities to youth and families.

Address: 1412 E. 2nd Street, Superior  
Telephone: (715) 392-7575

**Project Reach Out**

Project Reach Out works to improve the network of support to both youth and their families through confidential and voluntary crisis intervention referral service. They also offer a 24 hour teen hotline and serve 8 northwestern Wisconsin counties.

Address: HRC, 39 N. 25<sup>th</sup> St. East, Superior  
Telephone: (715) 394-9177 or (800) 777-7844

**School District of Superior After School Programs**

Offers after school programming to students Monday through Thursday. The program offers academic enrichment opportunities to students at Northern Lights, Bryant, Lake Superior, and Superior Middle School.

Address: 3025 Tower Avenue, Superior  
Telephone: (715) 394-8740

**Solon Springs Youth Futures**

Youth Futures supports positive youth programs for youth in the Solon Springs area. Programs include summer activities, after school programs, community service projects, Superior Days, and recreational activities.

Address: UW-Extension Office, Courthouse Room 107, Superior  
Telephone: (715) 395-1363

**Sterling Silver Studio**

Classes in baton twirling, tap, ballet, hip hop, pointe, salsa, cheerleading, poms, and dance line. Ages 2-adult. Recreational and competition classes available.

Address: 1210 Tower Avenue, Superior  
Telephone: (715) 394-4660  
Website: [www.sterlingsilverstudio.com](http://www.sterlingsilverstudio.com)

**Superior, A Community for Youth**

A youth and adult partnership that promotes youth issues and provides support to youth related, and initiated projects in Superior. Youth members are middle school and older. New youth and adult members always welcome!

Address: UW-Extension Office, Courthouse Room 107, Superior  
Telephone: (715) 395-1363

**Superior Amateur Hockey Association**

Winter hockey (October through March) for boys and girls ages 4 to 18.

Address: 1015 Oakes Avenue, Superior  
Telephone: (715) 394-4899  
Website: [www.sahaice.org](http://www.sahaice.org)

**Superior Douglas County Family YMCA**

Provides programs and facilities to youth to develop a strong spirit, mind, and body including gym, pool, and much more!

Address: 9 N. 21st Street, Superior  
Telephone: (715) 392-5611  
Website: [www.superiorymca.org](http://www.superiorymca.org)

**Superior Noon Optimists**

Optimists promote civic responsibility in youth through an optimistic philosophy of life. Projects include Alpha Optimist Club, Junior Optimists, Youth and Government Day, and Scholarships.

Address: PO Box 1143, Superior

### **Superior Parks & Recreation**

Provides seven supervised skating rinks during winter months and an eight-week summer playground program at eight area parks.

Address: 1316 N. 14th Street, 2nd Floor, Superior

Telephone: (715) 395-7270

Website: [www.ci.superior.wi.us](http://www.ci.superior.wi.us)

### **Superior Public Library**

Answer reference questions & help patrons find materials. Provide access to internet & game computers. Offer toddler's story time, summer reading programs, and outreach to daycare centers & schools.

Address: 1530 Tower Avenue, Superior

Telephone: (715) 394-8866

Website: [www.ci.superior.wi.us/library](http://www.ci.superior.wi.us/library)

### **Superior Soccer Association**

To promote soccer for boys & girls through age 18. There is a spring and fall league based on ages of the players. Games are held in Superior and Duluth/Proctor with an occasional game farther away. Affiliated with the Arrowhead Youth Soccer Association.

Address: PO Box 203, Superior

Telephone: (715) 392-1397

### **The Boys & Girls Club of Superior**

After school activities & programs open to all youth ages 6-18. Homework help, sports, computers, mentoring.

Address: 710 Catlin Avenue, Superior

Telephone: (715) 392-1278

Website: [www.boysandgirlsclubofsuperior.org](http://www.boysandgirlsclubofsuperior.org)

### **The Salvation Army**

Provides youth groups focusing on helping children learn character building skills held on Tuesdays from 4-6pm during the school year. Transportation and dinner are also provided free of charge.

Address: 916 Hughitt Avenue, Superior

Telephone: (715) 394-7001

### **Twin Ports Gymnastics Center**

Offers a wide variety of classes to boys & girls ages 2-18 including cheer-leading, Tae Kwon Do, Hip Hop, and gymnastics.

Address: 3000 Hill Avenue, Superior

Telephone: (715) 395-6119

Website: [www.twinportsgymnastics.org](http://www.twinportsgymnastics.org)

**UW-Superior Youth Summer Pre-College Program**

Providing opportunities for youth who are in middle and high school to explore into the Veterinary Medicine, Computer Technology, Theater, Art, Law, development, diversity, and leadership, field of career and interests. Students will have the opportunity to live and eat on campus just like college students.

Address: PO Box 2000, Room 230, Superior  
Telephone: (715) 394-8501  
Website: [www.uwsuper.edu/youthsummer](http://www.uwsuper.edu/youthsummer)

**Voyagers Area Council, Boy Scouts of America**

Makes available to all youth, the opportunity to participate in a program of character building, citizenship training, leadership development, and personal fitness training.

Address: 3877 Stebner Road, Hermantown, MN  
Telephone: (218) 729-5811  
Website: [www.vac-bsa.org](http://www.vac-bsa.org)

**WI Nutrition Education Program**

Education on food, nutrition, food safety, and resource management for youth of all ages.

Address: Courthouse Room 107, 1313 Belknap Street, Superior  
Telephone: (715) 395-1363  
Website: <http://douglas.uwex.edu/wnep/>

## **DOUGLAS COUNTY SCHOOLS**

Bryant Elementary School	(715) 394-8785
Cathedral School	(715) 392-2976
Cooper Elementary School	(715) 394-8790
Four Corners Elementary School	(715) 399-8911
Great Lakes Elementary School	(715) 395-8500
Iron River Elementary School	(715) 372-4334
Lake Superior Elementary School	(715) 398-7672
Marantha Academy	(715) 399-8757
Northern Lights Elementary School	(715) 395-6066
Northwestern Elementary School	(715) 364-8465
Northwestern High School	(715) 363-2434
Northwestern Middle School	(715) 364-2218
Northwoods School	(715) 466-2297
Richard I Bong Memorial Academy	(715) 364-2766
Solon Springs Elementary School	(715) 378-4432
Solon Springs High School	(715) 378-2263
Superior High School	(715) 394-8720
Superior Middle School	(715) 394-8740
University of Wisconsin-Superior	(715) 394-8101
Wisconsin Indianhead Technical College	(715) 394-6677



## YOUR LEGISLATORS

### **President George W. Bush**

The White House  
1600 Pennsylvania Ave. NW  
Washington, DC 20500  
Email: [president@whitehouse.gov](mailto:president@whitehouse.gov)

### **First Lady Laura Bush**

The White House  
1600 Pennsylvania Ave. NW  
Washington, DC 20500  
Email: [firstlady@whitehouse.gov](mailto:firstlady@whitehouse.gov)

### **The White House**

1600 Pennsylvania Avenue NW  
Washington, DC 20500  
Comments: (202) 456-1111  
Switchboard: (202) 456-2461  
Fax: (202) 456-2461

### **Vice President Dick Cheney**

Eisenhower Executive Office Building  
Washington, DC 20500  
Email: [vice.president@whitehouse.gov](mailto:vice.president@whitehouse.gov)  
Telephone: (202) 456-2326

**US Senator Russell Feingold**

506 Hart Senate Office Building  
Washington, DC 20500  
Email: russell\_feingold@feingold.senate.gov  
Telephone: (202) 224-5323

**US Senator Herbert Kohl**

330 Hart Senate Office Building  
Washington, DC 20500  
Email: senator\_kohl@kohl.senate.gov  
Telephone: (202) 224-5653

**US Representative David Obey**

2314 Rayburn House Office Building  
Washington, DC 20500  
Telephone: (715) 398-4426

**WI Governor James Doyle**

115 East, State Capitol  
Madison, WI 53702  
Telephone: (608) 266-1212

**WI Senator Bob Jauch (25th Senate District)**

PO Box 7882  
Madison, WI 53707  
Email: sen.jauch@legis.state.wi.us  
Telephone: (608) 266-3510

**WI Representative Frank Boyle (73rd Assembly District)**

PO Box 8952  
Madison, WI 53707  
Email: rep.boyle@legis.state.wi.us  
Telephone: (608) 266-0640

## HEALTH WEBSITES

**[www.smokefree.gov](http://www.smokefree.gov)**

Resources to help you or someone you care about quit smoking.

**[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)**

Resources for/about eating disorders.

**[www.freevibe.com](http://www.freevibe.com)**

Information about drugs from the National Youth Anti-Drug Media Campaign.

**[www.tobaccofreekids.com](http://www.tobaccofreekids.com)**

Educating youth on effects of smoking on their health.

**[www.alcohol-anonymous.org](http://www.alcohol-anonymous.org)**

Resources about alcohol abuse and treatment.

**[www.geocities.com/RainForest/Vines/4482](http://www.geocities.com/RainForest/Vines/4482)**

Resources for current or wanna-be vegetarians.

**[www.arcw.org](http://www.arcw.org)**

Information and resources from the AIDS Resource Center of Wisconsin.

**[www.self-injury.org](http://www.self-injury.org)**

Resources from the American Self-Harm Information Clearinghouse.

**[www.al-anon.alateen.org](http://www.al-anon.alateen.org)**

Recovery program for teens affected by someone else's drinking.

**[www.casda.org](http://www.casda.org)**

Resources and information from the Center Against Sexual and Domestic Abuse.

**[www.iwannaknow.org](http://www.iwannaknow.org)**

Information about teen sexual health from the American Social Health Association.

**[www.youthresource.com](http://www.youthresource.com)**

Information on sexual orientation from Advocates for Youth.

**[www.uwex.edu/ces/wnep](http://www.uwex.edu/ces/wnep)**

Information on nutrition from the Wisconsin Nutrition Education Program.

**[www.ndvh.org](http://www.ndvh.org)**

National Domestic Violence Hotline links individuals to help in their area.

**[www.hdchrc.org](http://www.hdchrc.org)**

Local resources for mental health issues from the Human Resource Center.

**[www.dhfs.wisconsin.gov/waiy/index](http://www.dhfs.wisconsin.gov/waiy/index)**

Information from the Wisconsin Abstinence Initiative for Youth.

**[www.ppwi.org](http://www.ppwi.org)**

Information from Planned Parenthood of Wisconsin.



## RESOURCE REFERRAL

Aids Resource Center of Wisconsin	(715) 394-6311
Animal Rescue Federation	(715) 394-7387
Center Against Sexual and Domestic Abuse	(715) 392-3136
Community Options Program	(715) 394-4173
Department of Natural Resources	(715) 392-7988
Department of Transportation, Driver's Licenses	(715) 392-7979
Douglas County Health & Human Services	(715) 395-1304
Douglas County Health Dept. - Health Check	(715) 395-1540
Douglas County Home Health Services	(715) 395-1601
Douglas County Humane Society	(715) 398-6784
Duluth Clinic - Main	(218) 786-8364
Duluth Clinic - Superior	(715) 392-8111
HRC Youth Talk Line	(715) 394-9177
Human Resource Mental Health Center	(715) 392-8216
Lake Superior Community Health - Free Clinic	(715) 392-1955
Lake Superior Life Care Center	(715) 394-4102
Mariner Medical Clinic	(715) 395-3900
Miller Dwan	(218) 727-8762
North Country Independent Living	(715) 392-9118
Northwest Wisconsin Community Services	(715) 392-5127
NW WI Concentrated Employment Program	(715) 392-6127
Office for the Deaf and Hard of Hearing Services	(608) 243-5733
Poison Center	(800) 222-1222
Solon Springs Joan Salmen Library	(715) 378-4452
St. Luke's Hospital	(218) 726-5555
St. Luke's Urgent Care	(218) 725-6095
St. Mary's Hospital - Duluth	(218) 786-4000
St. Mary's Hospital - Superior	(715) 392-8281
Superior Public Library	(715) 394-8860
Superior/Douglas County United Way	(715) 394-2722
Wisconsin Job Service	(715) 392-7800
Women, Infants and Children (WIC) Program	(715) 394-2750





**For more information contact:**

**Joan Wimme**  
**University of Wisconsin-Extension**  
Douglas County Courthouse  
1313 Belknap Street, Room 107  
Superior, WI 54880-2781  
Phone: (715) 395-1363 711 for Relay  
Fax: (715) 395-1399  
Website: <http://douglas.uwex.edu>

The University of Wisconsin-Extension does not discriminate in the treatment of individuals in admission or access to its programs and activities, in provision of services, or in employment, on the basis of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction record, or membership in the national guard, state defense or any other reserve component of the military service. If you require this material in an alternate format, please contact UW-Extension.